

Percent of Idaho Adults Who Ate Fish\* In the Last Year, 2012 BRFSS

	%	Lower CI	Upper CI	n
<b>Statewide</b>	90.6	89.1	92.0	5410
<b>Sex</b>				
Males	92.0	89.6	94.0	2131
Females	89.3	87.3	91.1	3279
<b>Age</b>				
18-24	86.5	79.6	91.3	192
25-34	89.1	84.3	92.6	390
35-44	90.9	86.1	94.1	615
45-54	93.3	90.0	95.6	907
55-64	91.7	88.1	94.3	1257
65+	90.9	88.6	92.8	2006
<b>Age</b>				
18-34	87.9	84.0	91.0	582
35-64	92.0	89.9	93.7	2779
65+	90.9	88.6	92.8	2006
<b>Income</b>				
Less than \$15,000	87.1	80.9	91.5	589
\$15,000-\$24,999	83.8	78.4	88.1	907
\$25,000-\$34,999	91.9	86.8	95.2	658
\$35,000-\$49,999	92.1	88.0	94.9	809
\$50,000-\$74,999	93.6	90.0	95.9	797
\$75,000+	94.7	92.1	96.5	980
<b>Education</b>				
K-11th Grade	83.4	76.3	88.7	383
12th Grade or GED	90.0	86.9	92.5	1581
Some College	90.9	88.2	92.9	1737
College Graduate+	94.9	92.8	96.4	1696
<b>Health District</b>				
HD1	93.3	89.0	95.9	759
HD2	91.3	85.5	94.9	740
HD3	88.5	83.7	92.0	765
HD4	92.0	89.0	94.3	860
HD5	91.4	86.6	94.6	734
HD6	87.9	81.9	92.1	732
HD7	89.0	84.2	92.5	757
<b>County Designation</b>				
Urban	90.5	88.5	92.2	3159
Rural	91.1	88.0	93.5	1445
Frontier	91.7	87.1	94.7	743
<b>Race (non-hispanic)</b>				
White	91.2	89.6	92.5	4964
AI/AN	95.5	86.9	98.5	63

Percent of Idaho Adults Who Ate Fish That Were Caught in Idaho Waters in the Last Year\*, 2012 BRFSS

	%	Lower CI	Upper CI	n
<b>Statewide</b>	56.9	54.4	59.4	4634
<b>Sex</b>				
Males	64.3	60.5	67.9	1885
Females	49.8	46.6	53.1	2749
<b>Age</b>				
18-24	65.4	55.8	73.9	161
25-34	57.9	49.7	65.7	315
35-44	55.5	49.3	61.6	546
45-54	59.7	54.4	64.9	801
55-64	55.7	51.1	60.2	1118
65+	50.9	47.3	54.5	1657
<b>Age</b>				
18-34	61.3	55.0	67.2	476
35-64	57.1	54.0	60.2	2465
65+	50.9	47.3	54.5	1657
<b>Income</b>				
Less than \$15,000	55.6	46.7	64.0	482
\$15,000-\$24,999	51.2	44.8	57.5	756
\$25,000-\$34,999	61.5	54.2	68.4	569
\$35,000-\$49,999	56.4	50.0	62.6	704
\$50,000-\$74,999	58.3	52.1	64.2	710
\$75,000+	62.0	56.9	66.8	874
<b>Education</b>				
K-11th Grade	44.8	35.6	54.3	297
12th Grade or GED	58.0	53.4	62.5	1354
Some College	59.6	55.4	63.6	1487
College Graduate+	57.4	53.1	61.5	1484
<b>Health District</b>				
HD1	51.6	45.0	58.2	663
HD2	66.1	58.4	73.1	644
HD3	54.2	47.9	60.5	641
HD4	51.9	46.7	57.1	729
HD5	66.9	60.3	72.9	632
HD6	64.9	57.7	71.5	627
HD7	57.2	50.3	63.8	650
<b>County Designation</b>				
Urban	52.7	49.5	56.0	2671
Rural	63.0	58.3	67.4	1256
Frontier	71.0	65.2	76.2	659
<b>Race (non-hispanic)</b>				
White	57.0	54.4	59.6	4271
AI/AN	70.4	51.0	84.5	58

\*Among Those Who Ate Fish in the Past Year

\*Fish includes any type of freshwater or saltwater fish (with fins) prepared in any style cooked or uncooked. It also includes canned tuna, canned salmon, imitation crab and fish eaten at restaurants. It does not include shellfish such as shrimp, oysters, clams or real crab.

Percent of Idaho Adults Who Ate Fish At Least Once a Month\*,  
2012 BRFSS

	%	Lower CI	Upper CI	n
<b>Statewide</b>	<b>78.0</b>	75.9	80.0	5410
<b>Sex</b>				
Males	<b>78.3</b>	74.9	81.4	2131
Females	<b>77.8</b>	75.1	80.2	3279
<b>Low SES</b>				
Not Low SES	<b>82.2</b>	79.4	84.7	2295
Low SES	<b>71.6</b>	66.3	76.4	874
<b>Ethnicity</b>				
Non-Hispanic	<b>79.0</b>	76.8	80.9	5135
Hispanic	<b>68.1</b>	57.7	76.9	224
<b>Race (non-hispanic)</b>				
White	<b>78.9</b>	76.8	80.9	4964
AI/AN	<b>90.1</b>	77.7	95.9	63
<b>Interview Month</b>				
Jan	<b>70.7</b>	62.8	77.5	482
Feb	<b>76.4</b>	67.9	83.2	447
March	<b>78.0</b>	69.7	84.6	442
April	<b>76.5</b>	68.9	82.7	446
May	<b>75.8</b>	67.2	82.7	453
June	<b>84.0</b>	75.6	89.9	417
July	<b>77.8</b>	70.5	83.7	473
August	<b>75.2</b>	67.2	81.8	454
Sep	<b>91.8</b>	88.3	94.2	427
Oct	<b>78.5</b>	70.6	84.7	423
Nov	<b>82.4</b>	75.8	87.5	425
Dec	<b>76.7</b>	70.1	82.3	521

\*Fish includes any type of freshwater or saltwater fish (with fins) prepared in any style cooked or uncooked. It also includes canned tuna, canned salmon, imitation crab and fish eaten at restaurants. It does not include shellfish such as shrimp, oysters, clams or real crab.

Low SES is defined as: less than high school education, or annual household income less than \$25,001, or Medicaid is health care coverage used for most medical care, or no health care coverage. Excluded from the low SES category are those with a household income greater than \$50,000 or those with a 4-year college education.

It is important to note these estimates of monthly reported fish consumption do not include those who reported consumption on a per year basis. That is, each monthly figure represents the proportion of those adults who would report their consumption as being monthly or more frequently (weekly or daily) and excludes those who would report their consumption as yearly:

Proportion eating at least once a month =

Number of adults who report eating fish at least monthly /  
(Number of adults who report eating fish at least monthly + Number of adults who report eating fish on per year basis)

Data collected from The Behavioral Risk Factor Surveillance System (BRFSS) 2012. For more details on this project or any of the survey results, please contact the Bureau of Vital Records and Health Statistics at (208) 332-7326.

Percent of Idaho Adults Who Ate Fish Caught In Idaho Waters  
At Least Once a Month\*, 2012 BRFSS

	%	Lower CI	Upper CI	n
<b>Statewide</b>	<b>17.1</b>	15.3	19.0	4634
<b>Sex</b>				
Males	<b>20.0</b>	17.1	23.1	1885
Females	<b>14.3</b>	12.2	16.6	2749
<b>Low SES</b>				
Not Low SES	<b>16.3</b>	13.9	18.9	2039
Low SES	<b>16.3</b>	12.7	20.7	741
<b>Ethnicity</b>				
Non-Hispanic	<b>17.2</b>	15.3	19.2	4408
Hispanic	<b>15.5</b>	9.8	23.8	182
<b>Race (non-hispanic)</b>				
White	<b>17.3</b>	15.4	19.3	4271
AI/AN	<b>31.3</b>	16.3	51.6	58
<b>Interview Month</b>				
Jan	<b>14.0</b>	9.1	21.1	416
Feb	<b>13.5</b>	9.5	18.9	362
March	<b>14.5</b>	9.5	21.3	381
April	<b>19.2</b>	13.6	26.4	387
May	<b>17.8</b>	12.0	25.6	388
June	<b>21.1</b>	14.7	29.3	355
July	<b>18.4</b>	12.3	26.5	404
August	<b>19.4</b>	13.8	26.7	393
Sep	<b>24.6</b>	16.8	34.5	370
Oct	<b>13.3</b>	9.0	19.3	364
Nov	<b>15.2</b>	10.5	21.5	375
Dec	<b>16.5</b>	11.7	22.7	439

\*Among Those Who Ate Fish in the Past Year